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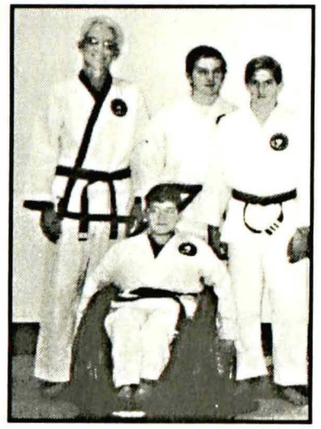
THE LEMON GROVE REVIEW

Vol. 50, No. 76

Girl with birth defect earns karate black belt

by Sam Frazier



Despite the wheelchair, Celeste Overby earned a black belt last year.

Photo by Sam Frazier

Celeste Overby is a black belt with an attitude ... a positive attitude. Pretty, blonde and physically challenged since birth from severe spina bifida, she earned her black belt in Tang Soo Do at the Sam Frazier School of Tang Soo Do in Lakeside. She is 17.

Overby began the written portion of her black belt examinations in bold letters, "**Attention!!! If you lounge around at home thinking that there is nothing out there for you, then think again.**"

She tested for her black belt in Tang Soo Do the day after Christmas. She also tested and passed her instructor certification and is now a certified instructor in the World Moo Duk Kwan Tang Soo Do Federation under Grand Master Jae Joon Kim.

Overby has no effective use of her legs. Unusual, in that Tang Soo Do, like Tae Kwan Do is known as a kicking art.

It was not a handicap for her. She trained diligently, regularly and faithfully, developing strong upper body techniques.

She was required to use her legs as though she could. In time, she developed very slight movement. She said that the movement began in her mind.

One day in class she said, "Mr. Frazier, thank you for making me use my legs. I didn't know I could move them."

Despite any problems, she tested for black belt along with her three brothers, Aaron, Jonathan and Nathaniel.

Her younger brother, Nicholas, and younger sister, Elaina, are close to obtaining their black belts.

She added that for years she trained alongside them, watching them perform all the fancy foot work that she was never able to do.

She noted that it has been a long struggle, filled with doubt, envy and many thoughts of giving up altogether, but, thankfully, her instructor (myself) and brothers never gave up on her.

Overby learned her lessons well and scored a perfect score on the terminology portion of the examinations which is given entirely in Korean.

She easily passed the remainder of the testing which included forms, one step combinations, sparring, hapkido, self defense techniques and staff, knife and sword forms.

The new black belt holder said, "At times, adapting the material was a big challenge, but I have grown in the knowledge of the art."

I am a practicing trial lawyer in La Jolla. With expertise in special education and my wife, Pamela, a certified and credentialed special education teacher, we have been able to adapt the program to include the physically challenged student. I have trained martial artists who learn in a wheel chair, the blind and motor impaired.

Only a small percentage of students enrolled in the nation's martial arts schools ever obtain the black belt.

The biggest challenge for the student is in the mind, not the body. I suffered a major spinal injury during a training session, but continues in the art. My wife also suffered a severe spinal disease.

Overby had a lot of encouragement and assistance to help her complete her black belt. The Lindo Lake Recreational Center, under the leadership of Gordon Stone, provided the facility free of charge, to benefit my formal black belt program.

Martial artist Karl Fatula assisted by paying for part of the insurance required to train at the Lakeside facility.

There are advantages to every physical handicap. In Overby's case, she has the advantage of a dangerous weapon, the wheelchair. It is naturally intimidating and a very effective weapon for head, arm and body smashes.

Continued Page 2

Lemon Grove Sheriff's Log

Feb. 16, - April 10, 1998
2100 blk. Berryland Ct. Grand theft. $2,066 value.
March 2-15, 1998
7600 blk. North Ave. Residential burglary. $305 value.
March 4, 1998
3400 blk. Main St. Petty theft. $149 value.
March 23, 1998
2500 blk. Mulder St. Auto theft. Value unknown.
March 29-30, 1998
6400 blk. Federal Blvd. Petty theft. $900 value.
April 10, 1998
3200 blk. Main St. Petty theft. Value unknown.
April 13, 1998
3200 blk. Main St. Petty theft. Value unknown.
April 16, 1998
1800 blk. Sonona Ln. Residential burglary. $150 value.
April 17, 1998
3200 blk. Main St. Grand theft. $1,700 value.
April 17-21, 1998
8000 blk. Broadway. Petty theft. $22 value.
April 20, 1998
7300 blk. Broadway. Commercial burglary. $600 value.
April 20-21, 1998
6600 blk. Federal Blvd. Commercial burglary. $1,500 value.
3200 blk. New Jersey. Vehicle burglary. $60 value.
April 21, 1998
3000 blk. Lemon Grove Ave. Commercial burglary. Value unknown.
7500 blk. San Miguel Ave. Residential burglary. $1,670 value.
2100 blk. Seigle Ct. Auto theft. Value unknown.
7700 blk. North Ave. Auto theft. Value unknown.
April 22, 1998
1800 blk. Massachusetts Ave. Auto theft. Value unknown.
7100 blk. Broadway. Commercial burglary. $1,000 value.
7800 blk. Broadway. Auto theft. Value unknown.
April 23, 1998
8000 blk. Lemon Grove Way. Auto theft. $2,000 value.
April 24-25, 1998
7500 blk. San Miguel Ave. Residential burglary. $30 value.
April 25, 1998
7300 blk Broadway. Vehicle burglary. $450 value.
April 26, 1998
6900 blk. Federal Blvd. Auto theft. Value unknown.
April 28, 1998
7500 blk. Zemco Dr. Auto theft. $1,000 value.
3200 blk. Lemon Grove Ave. Auto theft. $7,000 value.
3200 blk. E. Olive. Petty theft. $10 value.
April 28-29, 1998
3400 blk. Harris St. Commercial burglary. $855 value.

The Lemon Grove Review

(USPS NO. 309-840)

Is published semiweekly by Forum Publications, Inc., 3434 Grove Street, Lemon Grove, CA 91945. Periodicals postage paid at Lemon Grove, CA 91945

POSTMASTER: PLEASE SEND ADDRESS CHANGES TO:
THE LEMON GROVE REVIEW
Box 127, Lemon Grove, CA
91946 • (619) 469-0101

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Steven Saint, Publisher

Assistants to the publisher:
Erin Marie Payne, Trudy Thomas
Sports Editor: Mary Rosen
Contributing writers: Cheryl Cohen, Greg Eichelberger, Michael Krawczak, Joe Naiman, Paul Treske, Betty Jo Tucker

Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope.

Material can be sent via e-mail at the following address: yscmr@adnc.com.

All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order.

Only publication of an advertisement shall constitute final acceptance.

Community Notes

East County youngsters have key CYT roles

Three East County performers, Janie Russell of El Cajon, Jeremiah Smith of Lemon Grove and Shannon Tosh of La Mesa are among the youngsters (ages 6 to 18) who will be on stage for the upcoming Christian Youth Theater production of Beauty and the Beast.

With Tosh as Beauty, Smith as Gaston and Russell as Fifi, the production will open May 22 and run through May 30 at Clairemont High School. In addition, the director of the show is Grossmont College student Jason Russell.

Performances will be at 7 p.m. on May 22, 29 and 30, and at 2 p.m. on May 23, 24 and 30. Tickets are $6 and $7 with group discounts. For more information, call 588-0206.

CYT is an after-school theater arts program for children as part of the Christian Community Theater which is now in its 19th year of producing plays and musicals, locally in San Diego and Temecula.

Lemon Grove Fire Log

April 20, 1998
3200 blk. Main St. Evaluate for Sheriff's Dept.
NB Hwy 125/Spring Street. Vehicle fire/freeway.
2800 blk. Lemon Grove Ave. Passing out.
2200 blk. Massachusetts Ave. Difficulty breathing.
WB Hwy 94/Spring St. Large vehicle fire.
3200 blk. College Pl. Chest pains.
1500 blk. Dupont Dr. Medical aid.
WB Hwy 94/College Ave. Vehicle accident freeway.
8100 blk. Broadway Ave. Possible heart.
1800 blk. Dayton Dr. Unconscious.
1600 blk. Helix St. Residential structure fire.
2300 blk. Berry St. Bonfire.
1500 blk. Dupont Dr. Difficulty breathing.
April 21, 1998
1700 blk. San Altos Pl. Unknown medical.
1600 blk. La Corta St. Possible heart.
1700 blk. Elroy Dr. Dizzy.
Canton Dr./Woodrow Ave. Vehicle fire.
7100 blk. Waite Dr. Evaluate for Police Dept.
3700 blk. Hilltop Dr. Asthma.
1400 blk. El Prado Ave. Incoherent.
April 22, 1998
7900 blk. Palm St. Ringing alarms commercial.
2500 blk. Crestline Dr. Difficulty breathing.
6800 blk. Central Ave. Child locked in auto.

PUBLIC NOTICES

CNS1596654

NOTICE OF PETITION TO ADMINISTER ESTATE OF: VADA A. SMITH AKA VADA SMITH AKA VADA ALICE SMITH CASE NO. P172210

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: VADA A. SMITH AKA VADA SMITH AKA VADA ALICE SMITH

A PETITION has been filed by RICHARD SCHWAB in the Superior Court of California, County of San Diego.

THE PETITION requests that RICHARD SCHWAB AND MARY T. WILSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on June 1, 1998 at 1:45 P.M. in Dept. 35 located at 220 W. Broadway San Diego CA 92101.

IF YOU OBJECT TO the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner:
Clarence W. Finley
4565 Ruffner St. Ste 200
San Diego CA 92111
05/07, 05/12, 05/14

NOTICE OF TRUSTEE'S SALE T.S. No.G302141Unit Code GLoan No.5040600/TOWNSEND AP No.503-370-45-00 CALMCO TRUSTEE SERVICES, INC., as duly appointed Trustee under the following described Deed of Trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashier's, certified or other checks specified in Civil Code Section 2924h (payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described. Trustor: PHILIP S TOWNSEND, MARLENE A TOWNSEND RecordedJuly 14, 1995as Instr. No.1995-0300615in Book ---Page---of Official Records in the office of the Recorder ofSAN DIEGOCounty, pursuant to the Notice of Default and Election to Sell thereunder recordedJuly 21, 1997as Instr. No.97-344823 in Book---Page---of Official Records in the office of the Recorder of SAN DIEGO County. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED JULY 10, 1995 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 8340 BOWEN ROAD, LEMON GROVE, CA91945 (If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness) Said Sale of property will be made in as is condition without convenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on MAY 19, 1998, AT 10:30 A.M. AT THE ENTRANCE TO THE CITY OF OCEANSIDE ANNEX 321 NEVADA ST OCEANSIDE, CA At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is $128,798.75. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. Date:April 23, 1998 CALMCO TRUSTEE SERVICES, INC as said Trustee, TERI HEARD, ASSISTANT SECRETARY T.D. SERVICE COMPANY 1750 E. FOURTH ST. SUITE 800, PO BOX 11988 SANTA ANA,CA 92711-1988 714/543-8372 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If available, the expected opening bid may be obtained by calling the following telephone number(s) on the day before the sale: 714/480-5690 TAC 449804C PUB 4/28, 5/5, 5/12

T.S. No. 1543362 Loan No. 1543362 Notice Of Trustee's Sale You Are In Default Under A Deed Of Trust, Dated 2/25/93. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. Notice Is Hereby Given that the real property known as 8301 Golden Avenue Lemon Grove, CA 91945 Assessor's Parcel Number: 503-121-22-00 As More Fully Described in Said Deed of Trust will be sold at public auction at The Front Steps Of The County Courthouse, 220 West Broadway, San Diego, California on 5/19/98, at 10:00 A.M. to the highest bidder, payable at the time of sale, for cash or cashier's check drawn on a state or national bank, check drawn on a state or federal savings and loan association, savings association, or savings bank specified in Financial Code section 5102 and authorized to do business in California. The sale will be made without convenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by the Deed of Trust executed by Brad L. Nayfack And Renee S. Nayfack, Husband And Wife, as trustor, recorded on 3/3/93, recorded as Instrument No. 1993-0132422, Book No., page, of the Official Records of San Diego, California. The total amount secured by said instrument as of the time of initial publication of this notice is $107,050.16, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses, and advances at the time of initial publication of this notice. Dated: April 22, 1998 Diana Cartee, Asst. Vice President Serrano Reconveyance Company 4900 Rivergrade Road, Suite 2870 Irwindale, CA 91706 (626) 856-4858 For Sales Information Call (714) 573-1965 P107308 4/28 5/5 5/12/98

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED July 8, 1993. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan #: 1284127/Smith Investor Loan #: LHG 2155867 Other #: 12038-91 T.S. #: NRW047839 A.P. #: 584-531-14 Notice is hereby given that **Standard Trust Deed Service Company** as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by **Larry R. Smith and Diane W. Smith, husband and wife, as joint tenants** Recorded on 07/16/1993 as Instrument # 1993-0453742 of Official Records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder Recorded on 02/02/1998 as Instrument # 1998-0052329 of said Official Records, will **Sell on 06/02/1998 At the South entrance to the County Courthouse, 220 West Broadway, San Diego, CA at 10:00 A.M.** at public auction, to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title, and interest, conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: **As more fully described on said Deed of Trust.** The property address and other common designation, if any, of the real property described above is purported to be: **428 Kurdson Way, Spring Valley, CA 91977** The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: **$118,213.35** In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, without covenant or warranty, express or implied regarding title, possession or encumbrances or physical condition, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided therein, and the unpaid principal of the note secured by said Deed of Trust with interest thereon as provided in said Note, fees, charges and expenses of the trustee and of the trusts created by said Deed of Trust. We are attempting to collect a debt and any information we obtain will be used for that purpose. For Trustee's Sale information please call (925) 603-7342. Dated: 05/05/1998 **Standard Trust Deed Service Company, as said Trustee 2600 Stanwell Drive, Suite 200, Concord, CA 94520, (925) 603-1000. By: Debbie Jackson Assistant Secretary RSVP 18791 05/12/98, 05/19/98, 05/26/98**

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 6112-20706 Loan No. 2103339 Title Order No. 9873429-11 Investor No. 3029316 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/2/96. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN that the real property purportedly known as 1915 Lemon Grove Avenue, Lemon Grove, CA 91945 APN 576-341-01-00 will be sold at public auction at the South entrance to the County Courthouse, 220 West Broadway, San Diego, CA on 5/29/98 at 10:00 am, to the highest bidder, payable at the time of sale, for cash, or cashier's check drawn on a state or national bank, state or federal savings and loan association, savings association, or savings bank specified in Financial Code Section 5102 and authorized to do business in California. The sale will be made without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the obligations secured by said Deed of Trust executed by Donna M. Witt and Patrick T. Witt, wife and husband as Joint Tenants, as trustor, recorded Recorded on 5/10/96, Instrument 1996-0238274, of Official Records of San Diego County, California. The total amount secured by said instrument as of the time of initial publication of this notice is estimated at $131,208.74, which includes the total amount of the unpaid balance (including accrued interest) and reasonably estimated costs, expenses and advances at the time of the initial publication of this notice. Date: 5/4/98 **ATI Foreclosure Services, Inc.**, 1595 Spruce Street, Riverside, CA. 92507, Diann Thomas, Ass't Secretary. For Sale Information Call: (909) 680-3646. We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. ASAP#318928 5/5, 5/12, 5/19

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 98-00184 Loan No. 349014-2 Title Order No. 8250469 APN 480-510-50-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/17/93. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On May 19, 1998, at 10:00 AM, ARM FINANCIAL CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust recorded on 09/28/93 Instrument 1993-0641034, of Official Records in the Office of the Recorder of SAN DIEGO County, California, executed by: LARRY D. HAINLINE, AN UNMARRIED MAN AS HIS SOLE AND SEPARARTE PROPERTY, as Trustor, HOMESIDE LENDING, INC., FKA BANCBOSTON MORTGAGE CORPORATION, as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE SOUTH ENTRANCE TO THE COUNTY COURTHOUSE AT, 220 WEST BROADWAY, SAN DIEGO, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: "As more fully described on the above mentioned Deed of Trust". The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 7425 BRUNEI COURT, LEMON GROVE, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $156,309.17 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Date: 04/27/98, ARM FINANCIAL CORPORATION, P.O. Box 85309, San Diego, CA 92186-5309, (619) 452-4900 KATHY DANAHER, ASSISTANT SECRETARY NPP0043669 04/28/98, 05/05/98, 05/12/98

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 97-30138S Title Order No. 8902774 Reference No. 51990772 APN No. 576-223-05-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/23/92. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On May 19, 1998, at 10:00 AM, **Professional Lenders Alliance Corporation** as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 09/29/92 as Document No. 1992-0614062 Book Page 1880 of Official Records in the Office of the Recorder of SAN DIEGO County, California, executed by: RICKY D. EVANS AND JOANN T. EVANS, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor, TRANSCOASTAL MORTGAGE CORP., as Beneficiary. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE SOUTH ENTRANCE TO THE COUNTY COURTHOUSE AT 220 WEST, BROADWAY, SAN DIEGO, CA., all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: "As More Fully Described on the above Mentioned Deed of Trust". The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1960 FAIRHAVEN STREET, LEMON GROVE, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $141,512.10 Estimated. Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. **Professional Lenders Alliance Corporation** as Trustee, 5 Hutton Centre Drive, Suite 1050, Santa Ana, CA 92707, Telephone Number: (714) 432-7715 Ext 270, Fax Number: (714) 432-1221, By: JACKIE PONICH, TRUSTEE SALE OFFICER, Date: 04/23/98 NPP0043457 PUB: 04/28/98, 05/05/98, 05/12/98

Business & Service Directory

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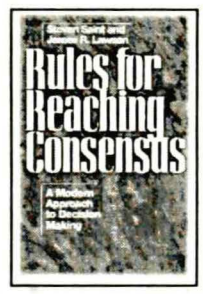

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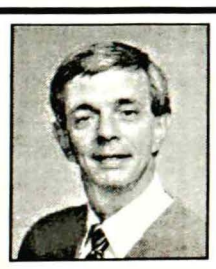
25 years serving San Diego County



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Black belt

Continued from Page 1

Every student who has trained alongside her and especially, her instructor, will attest to jammed knuckles, fingers, arms and toes from contact with the wheelchair.

When she wheels out on to the floor, all have great respect for the power house in the wheelchair.

Every physical handicap has its advantages in the martial arts. That is why it is called a physical challenge.

I feel that Overby is an inspiration to all of us. She never gave up.

Even with a few weeks off for surgery, she rebounded with even greater enthusiasm and tested, on times, with her brothers.

In her own words, "So take a chance and join me in a growth process intended primarily for the physically sound."

East County High Schools
Sports Schedules

Tuesday, May 12 - Tuesday, May 19
(check with schools for times)

Tuesday (5/12) – *BOYS* and *GIRLS SWIMMING*: Grossmont League prelims and finals (through 5/16) Diving at Helix (Tuesday only). *BOYS AND GIRLS TRACK* Grossmont League North Prelims.*GOLF*: Grossmont League Finals.

Wednesday (5/13) – *BASEBALL*: Valhalla at Helix, Mount Miguel at Granite Hills, El Capitan at Santana, El Cajon Valley at Grossmont. *SOFTBALL*: Helix at Valhalla, Granite Hills at Mount Miguel, Santana at El Capitan, Grossmont at El Cajon Valley. *BOYS TENNIS*: Monte Vista at Mount Miguel, Granite Hills at Valhalla, West Hills at El Cajon Valley, Grossmont at El Capitan.

Friday (5/15) – *BASEBALL*: Granite Hills at Helix, Monte Vista at Valhalla, El Capitan at El Cajon Valley, Santana at West Hills. *SOFTBALL*: Helix at Granite Hills, Valhalla at Monte Vista, El Cajon Valley at El Capitan, West Hills at Santana. *BOYS* and *GIRLS TRACK* Grossmont League Finals.

Saturday (5/16) – *GYMNASTICS*: Grossmont League Finals.

Monday (5/18) – *BASEBALL*: Granite Hills at Monte Vista, Mount Miguel at Helix, West Hills at El Cajon Valley, Grossmont at El Capitan. *SOFTBALL*: Monte Vista at Granite Hills, Helix at Mount Miguel, El Cajon Valley at West Hills, El Capitan at Grossmont. *GYMNASTICS*: West Hills JV Invitational. *GOLF*: Team CIF playoffs.

Tuesday (5/19) – *BOYS* and *GIRLS DIVING*: CIF Prelims and Finals *BOYS TENNIS*: CIF Team Playoffs ((through 5/22). *BOYS VOLLEYBALL*: CIF Playoffs First Round.

East County
Community College schedule
(as available)

Tuesday, May 12 - Tuesday, May 19

Friday (5/15) – *BASEBALL*.: State Playoffs Round II (site TBA) (also 5/17 and 5/17).

Newspaper Delivery
About 4 hours per week on Thursday
Vehicle and insurance needed
Call 697-6739

Receive both the Thursday regular edition and the new *Tuesday Live* issues for one low subscription price.
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Recreation News

Semi-pro summer wood bat league formed

As part of the Western Semi-pro baseball organization, a new league consisting of six teams has been formed in East County as part of the San Diego Stars, a non-profit organization.

There is no age limit for either teams or players and no restricting qualifications for playing the league which will play in tournaments in addition to league play.

The semi-pro organization is affiliated with the National Baseball Congress of Wichita, Kan.

Tournaments include Memorial Day, July 4, the Grand Nationals in August and Labor Day. League play is scheduled to begin May 27 and ends on Aug. 9.

For more information on the league, call NBC Commissioner Mickey Deutschman at 562-8420 or fax to 562-8420 or 440-3985.

Memorial weekend baseball tourney set

A Grand National Baseball Tournament is scheduled to be played on the Memorial Day weekend at the Star Complex on the Barona Indian Reservation.

There is an entry fee of $500 (and a dozen balls) for the double elimination nine-inning tournament which features prizes of $1,000 for first place, $500 for second place and $250 for third.

There will be 8 - 10 teams entered with roster limits of 25 players. The games will be played under American League rules, but using aluminum bats.

Entry deadline is Thursday for the May 22 - 24 tournament. Any team eligible for the NBC Wichita World Series is not eligible for this tournament. For more information, call Tournament Director Tex Franklin at 562-2000 or fax to 562-8420.

Club seeks players for Aussie tournaments

The American Eagles Baseball Club is currently looking for baseball players, ages 16 - 19 to participate in the 1998 Great Barrier Reef Baseball Tournament in Cairns and the Brisbane Invitational in Brisbane, Australia.

Coaches Justin Machado and Tim Kechter, from La Costa Canyon High School in Carlsbad, will be coaching the Eagles on the three-city tour of Australia from July 28 to Aug. 11.

The ball club has players from all over the United States. Each player is responsible for raising $2,995 in order to participate in the upcoming tour.

Players, coaches or umpires wishing information about participating in the tour with the American Eagles team should contact Vince Askey at 760-792-9964 or by e-mail at VAskey@aol.com.

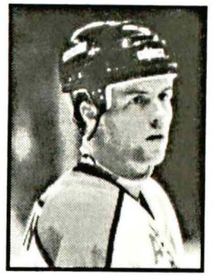
Free tennis lessons offered

In cooperation with the United States Tennis Association, Parkway Sports Center in El Cajon is offering adults and juniors free tennis lessons as part of the USA Tennis Free for All program. The program is a free 90-minute tennis lesson for those interested in learning to play tennis. It is especially good for those who have never played before.

Classes are scheduled every day through May 15. Those interested in the lessons can call 442-9623

LIVE! Beat
with Greg Eichelberger

The balmy breezes of Rancho San Diego are a long way from the cold winds of Duluth, Minnesota, but for Gulls' defenseman, Brett Larson, it's the place he now calls home. And after helping his team win a record 53 games and a third straight Taylor Cup, it's a place he intends to stay for awhile.



Brett Larson

"I love it out there," he said, in an accent straight out of the movie, "Fargo." "It's a beautiful area, the people are great and it's close to everything a person could want to do. I couldn't ask for a better place to live."

He even bragged about being right across the street from a Ralph's grocery store, something that was unheard of in his hometown. Born and raised in the sleepy northern berg, he eventually earned a hockey scholarship to the University of Minnesota Duluth, and after his senior year, journeyed to Sweden.

He was then offered a tryout with the Detroit Red Wings, but turned it down, opting instead to go the European route with larger ice rinks and where defense is the name of the game and finesse skating, not fighting, is the key.

Later, American hockey beckoned and he toiled in Madison, Wis. Louisville, Ky. and then back to Europe with Slovenia in the Alpine Conference. "I've been all over the map," he joked.

When he arrived in San Diego to play for the Gulls, though, only half the battle was won. He now needed a place to stay.

A friend that he met in Duluth, Jeremy McGarrity (a 1989 graduate of El Capitan High School), who played minor league baseball in Minnesota, knew Larson was looking for a place to stay, so he offered to share his El Cajon apartment.

Larson stayed with McGarrity all last year, but then McGarrity signed a contract with the Texas Rangers' A league team in Port Charlotte, Fla. early in 1998, leaving Larson alone to run the place. His brother soon came down from the Great White North to spend a few months, and ended up liking it just as much.

"The weather is great, the ocean is near and it's a lot different from Minnesota," said Larson. "I like the hunting and fishing back home, but it's really, really nice out here."

And the year-round sunshine and the effect that it has on the young ladies is also not lost on the handsome bachelor. "You don't find girls like this back in Minnesota, either," he remarked.

Hoping to finish his degree in criminology this summer (his father is a deputy sheriff in Duluth), he would like to go into law enforcement, but, at the same time, wouldn't mind testing the coaching waters, either.

"I'd like to coach at the college level," he said. "But to be able to stay he a while longer would be a dream come true."

After the Gulls won the title in Tacoma two weeks ago, he was one of the featured speakers at the victory celebration. His short but stirring oration had some thinking maybe a career in politics might be more appropriate.

After 10 years off, Kroeger back for checkered flag

by Joe Naiman

Before the May 2 races at Cajon Speedway, Mark Kroeger's last win in a main event was as a driver 10 years ago.

It wasn't so much that the El Cajon driver was in a slump, but rather that business kept him away from the wheel for seven years.

In his first two Street Stock races this year, Kroeger didn't finish, but his first completed race in seven years resulted in taking the checkered flag in 19:51.83, ahead of five-time track champion John Tipps.

"I was worried. I thought that John is going to try to squeeze in there," said Kroeger.

He is a landlord and general contractor who started a project in Rancho San Diego seven years ago.

During his time off, he let pit crew member Bill Moyer drive his number 233 car for a few years.

Between Moyer, who is back on Kroeger's pit crew, and other members of the pit crew, all of Kroeger's help has had seat time.

"It's the same pit crew that I've had for 15 years since I started driving. We all get along real well," he said. "It is definitely a team victory. It's not just the driver."

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